I worked in the career services office of CUA when I was an undergrad in 1983–1984. Alan Goodman, director of career services, was remarking one day close to my graduation how excited I must be to be graduating and heading out into the work world. My expression must have said it all because he looked me square in the eyes and said, “You are scared, aren’t you?” I remember just shaking my head because I was about to cry but so grateful he had put into words exactly how I was feeling. Then he said, “It’s okay, but don’t be. You are well prepared, you have integrity and a solid work ethic, you will be fine.” And he was right! Today, my career is driven by my integrity. I am a certified professional school counselor for at-risk youth. Not only was Dr. Goodman correct, but over the years of my career, if I felt any fear, I remembered his words and chose a more positive emotion.

— Lisa Carpenito-Keough
B.A. 1983

Work as hard every day as if it was your first day on the job and be as humble as if it was your last.

— John O’Dwyer
B.A. 1998

Do what you have to do, until you get to do what you want to do — advice my hard-working wonderful husband has followed since he was 8!

— Erin Browning Mifka
B.Arch. 1982, M.S. 1984

With respect to connections, it doesn’t matter how you get the job, it matters how you keep the job.

— Megan Carey Brogan
B.A. 1996

If you have news to share with your boss, share it before your boss hears it from someone else. Good or bad, your boss needs to know what is happening from the source and, especially if it is bad news, it gives them time to assess and address.

— Theresa (Terri) Childs
B.S. Chem.E. 1985

Don’t quit a job until you have a new one.

— Catherine Gaddy
Ph.D. 1982

Know what you don’t know.

— Brennan McCarthy
J.D. 1999

The moment you are true to yourself is the moment you will become successful.

— Lisa Brooks
B.S. 2011

Letters
I enjoyed reading “CUA Sweethearts” (Spring 2015). I will always be grateful to a group of law school professors who called their running club Learned Feet (in tribute to legendary federal judge Learned Hand). They got Carol Mast (J.D. 1980) and me to show up for a race, and then I persuaded Carol to start helping me with the school paper. We’ve been helping each other with our three children and everything else for 37 years, going on forever.

— Ben Beach
J.D. 1978
Bethesda, Md.

Heartbreaking story (“You Were Well Loved” Spring 2015) that poignantly illustrates that, although the healing continues, the pain will remain each and every day for Neil’s family and friends. I especially appreciate the advice Heidi Godleski brings up that to avoid mentioning him hurts so much more than sharing your remembrances.

— Ned Dwyer
B.A. 1986
Severna Park, Md.

When I graduated from CUA before there was an Internet, Brookland looked like a misspelling for a city somewhere else, and South Campus was a term waiting to be invented. Your spring 2015 issue is a welcome update, and the description “Renaissance” well deserved.

— Don Richards
B.A. 1958, M.A. 1963
Milwaukee, Wis.